

Mapping My Personal Growth

Known Self

Usual, Familiar and Comfortable
What I do well or what is easy for me



Less Known, Growing Self

New & Emerging
Less Comfortable

Four Common Presentation Edges

Emotional

Being personal, telling real stories, expressing emotion, showing passion.

Power

Demanding attention, 'grabbing' the room, taking your power in front of others where there are power differentials.

Presence

Taking your time, 'filling' the room with your presence, being truly connected to your message and 'embodying' it through voice and body language.

Cultural

Common Vashon edges and/or edges in relation to your culture and background or being in a minority position.